

WalkerFit Client Pack

Personal Training

1:1 training is personal to you and the goals you want to achieve. The sessions are an hour long catered to your fitness goals as well as taking into account injuries we need to work around to keep you healthy and moving forwards on your journey.

£95.00

All appointments require 24 hour cancellation notice

Block Bookings

Commitment to consistent training requires regular sessions and minimising stress. Purchasing packs of personal training is ideal for anyone who never wants to miss their workouts, in conjunction with being held accountable to achieving realistic results.

6 sessions £510

10 sessions £850

20 sessions £1,650

Refer A Friend

Refer your friend for training and you will receive a free session when they purchase a block booking. This applies to current clients only.

Payment

Bank Transfer Preferably

Bank account details

Mr James Walker

TSB Bank

Account number: **11235260** sort code: **309958**

Regards,

James Walker, Personal trainer & Nutritional advisor